

Welcome to Mums.Kids.Jesus, the magazine that hopes to encourage YOU, and help you survive...and enjoy...being a Mum!

God Snippets 'Delight yourself also in the Lord...' 'delight' - to take great pleasure in, please greatly
Psalm 37:4, Psalm 36:7-8, Psalm 43:3-5, Isaiah 61:10

God loves our children. He continually watches over them. How do I know? Almost a year ago, our 2-year-old son, David, was knocked down, and run over by a reversing car. The back light of the car was smashed to pieces, and from the muddy tyre marks on Dave's clothes we know the car wheel went right over one leg and across his back to the opposite shoulder. That's a large percentage of a 2-year-olds body for a car wheel to go over!

And yet hospital tests showed no internal injuries. There was just minor bruising on one foot and face from falling. By that same evening, Dave was able to run away from me at bedtime! ☺ Hallelujah! Our God delivers, and our God saves. He never slumbers nor sleeps. Psalm 121 and Psalm 91 are great Psalms to pray over your children and family. Be confident that God loves them, and is continually with them.

Design-a-Pizza! My boys love making and eating their own pizzas. It may get messy...enjoy it! Give yourselves at least an hour!

Pizza base

8oz (230g) self-raising flour
(or plain flour & 1 tsp baking powder)
2oz (60g) margarine pinch of salt
 $\frac{1}{4}$ pt (150ml) milk 1 tsp oregano/basil
Rub margarine into flour. Add other ingredients, and mix into a soft dough. Add extra flour if too sticky. Give a small ball of dough to each child. Help them squash it/roll it, on a floured surface, until very thin (1-2 mm). It doesn't matter what shape it ends up! Put bases onto a baking tray dusted with flour.

Pizza Topping

Tomato paste, grated cheese, any of the following cut into small pieces: peppers, onion, mushrooms, sweet-corn, tuna fish, cooked ham/sausage/meat, pineapple, oregano .

Prepare all the toppings (I lay them out on a couple of plates). Spread tomato paste thinly over pizza base. Children sprinkle cheese on top and choose and add whatever toppings they want on their own pizza.

Bake in a hot oven for about 10 mins, or until pizza edges start to brown. Kids eat their own pizzas!!

Ten Things for kids to do with a pile of clothes pegs!

- Sort them into colours
- Post them into old food boxes/bottles
- Peg them onto curtains, the table-cloth, a sheet thrown over a chair, a cardboard box. Un-peg them!
- Peg them onto the clothes/hair of a willing volunteer (you!).
- Use a stopwatch to see who can peg/un-peg the fastest.
- Race to see who can peg/un-peg their pile of pegs the quickest.
- Hide a clothes peg. Children have to find it. Say when they are warm/cold.
- Clip pegs together to make objects.
- Make road layouts with them.
- Play 'Collect-a-Peg'! Aim: to collect 5 pegs of the same colour. You need as many different colours as there are players, and 5 pegs of each colour. Put the pegs in a bag. Each player takes 5, and decides which colour they want to collect. Everyone passes a peg they don't want to the person on the left. Repeat until someone wins with 5 pegs of the same colour. (Players can hide their pegs, or lay them out visibly, depending on the age of the children. Use more pegs for a more difficult game.)

MUMS WITH JESUS Part 1

Do you identify with any of the following comments?

- it's a circle - if I don't have time with God I lose the desire to have time with him.
- how do I stay in a place of rest? There are moments of quiet - then everything crowds it out.
- it's been difficult to have 'a proper quiet time' since getting married. I used to have time with God last thing at night on my bed. Now my husband wants to go to bed early and turn the light off! (& vice-versa)
- church is just a social visit/I'm in the crèche most of the time!
- I long for fresh intimacy with Jesus...and renewed vision. I know breakthrough probably comes with seeking him - but that often seems so difficult - lack of time, energy, discipline, encouragement....
- weariness, loneliness, lack of fellowship & encouragement...nothing to give...
- it's difficult to have time with God or be close to Him, when you have young children.

Many have said things like this to me, and I too have experienced most of these feelings, at one time or another, the last few years. It's easy to attribute some of it to 'a phase in life' that comes with having young children. (Certainly when we have young children we may not be so involved in 'ministry' as we've known it, or church. That's ok. God has given us our children. They are a blessing and they should be our priority above other 'things'). However, recently I've realized that I shouldn't make this busy phase in life an excuse for not being so close to God. Even though other things may 'go' for a season, my relationship with God shouldn't.

God MUST intend for us as mums & wives to still be able to be intimate with Him.

So my big question recently has been **how?**

In the next few issues of MKJ, I want to share a few things God has been showing me as I've asked Him this question. I hope it will help & encourage you to greater intimacy with Jesus too.
To be continued...

Have a lie-down & keep your kids amused at the same time! A 'restful' game! Lie on the sofa. Give your children a selection of hairbrushes, combs, hairclips etc to play hairdressers on you! Or they can use a toy doctor's set or substitute spoons etc to examine you. You may get whacked in the face with a hairbrush, or poked in the tummy with a spoon, and it may all end up in a game of climb all over Mummy, but at least you get to lie down for a while, and you may be surprised how gentle even a one or two year old can be when brushing your hair (you may want to brush your hair first to get all the knots out!). I find playing hairdressers is usually more relaxing than playing doctors. My boys usually end up getting out their tools (drills and hammers!) to examine me when we play doctors! Try it out!

Baby Corner Starting your baby on solids? Freeze blended food in ice-cube trays. When frozen, store cubes in bags in the freezer. This way you can mix and match cubes and you don't have to cook everyday for baby!

Mums.kids.Jesus by Joanna May Chee.

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